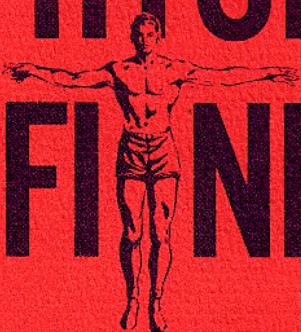




Stan LeProtti

**PHYSICAL
FITNESS
apparatus**



STAN LE PROTTI PHYSICAL FITNESS APPARATUS • Manufactured by TERMINAL STEEL CO.

FROM THE WIDELY ACCLAIMED LA SIERRA PROGRAM
THE APPARATUS ORIGINATED AND DEVELOPED BY STAN LEPROTTI,
EDUCATOR AND YOUTH FITNESS AUTHORITY

Designed to be effective and practical for mass physical development exercising, each piece shown has proven its worth through years of use under the supervision of Stan LeProtti. Equipment is for *outdoor* use. Stanchions and braces are of galvanized pipe. Hand grips and bars are of solid tool steel — never rust or corrode. Easy to assemble. Diagrams and complete installation instructions included with each apparatus.

**OVERHEAD
LADDER**

Develops hand grip,
upper arm, and
shoulder muscles.
For mass pullups . . .
handwalking . . .
increasing endurance
tolerance levels.



MODEL A —

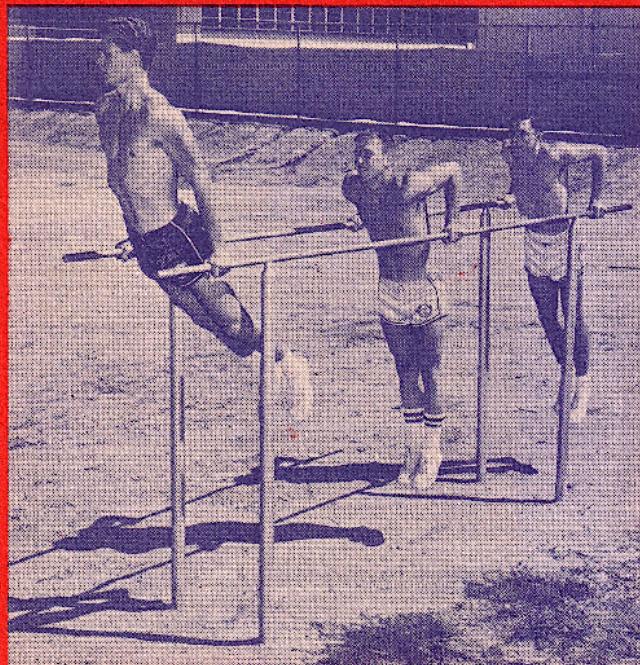
Grades 1-6 . . . 30 ft. long, 6 ft. 8 in. high, 13 ft. wide at base of supports, ladder: 4 ft. 6 in. wide. Accommodates 40 students for mass pullups.

MODEL B —

Grades 7-8 . . . 45 ft. long, 8 ft. high, 13 ft. wide at base of supports; ladder: 4 ft. 6 in. wide. Accommodates 64 for mass pullups.

MODEL C —

Grades 9-up . . . 60 ft. long, 10 ft. high, 13 ft. wide at base of supports, ladder: 5 ft. wide. Accommodates 84 for mass pull-ups.



PARALLEL BAR

Develops upper arm and shoulder girdle muscles, chest and abdominal muscles. Use for handwalking exercises, bar dips, etc.

MODEL A —

Grades 1-6 . . . 12 ft. long, 4 ft. high, 14 in. width between bars.

MODEL B —

Grades 7-up . . . 12 ft. long, 5 ft. high, 15 in. width between bars.

HORIZONTAL CABLE APPARATUS

Use for hand grip, upper arm, and shoulder girdle development. Hard rubber covered $\frac{1}{2}$ -in. steel cable has adjustable tension control. Adjustable steps included.

Grades 1-6 . . . 40 ft. long, 6 ft. high.

Grades 7-8 . . . 40 ft. long, 10 ft. high.

Grades 9-up . . . 60 ft. long, 14 ft. high.



HORIZONTAL BAR

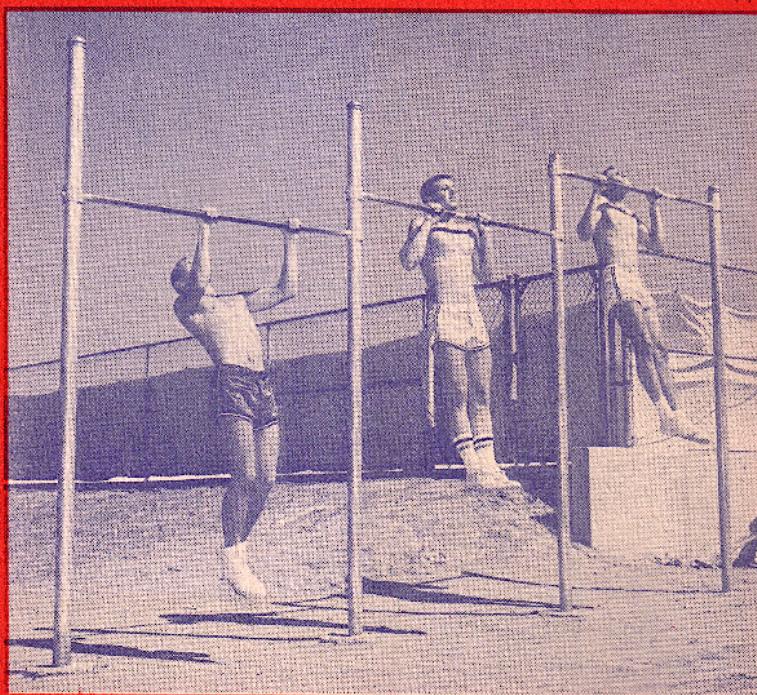
Use for pullups . . . front pullover exercises . . . muscle-ups, etc.

Develops upper arm and shoulder girdle muscles.

Comes in set of three bars . . .
adjustable height.

Maximum height 9 ft.

Each section 6 ft. wide.



HANGING GRIP APPARATUS

Develops hand grip, forearm, upper arm, and shoulder girdle muscles as well as strengthening abdominals, improving hand-eye coordination, and increasing pain tolerance levels.

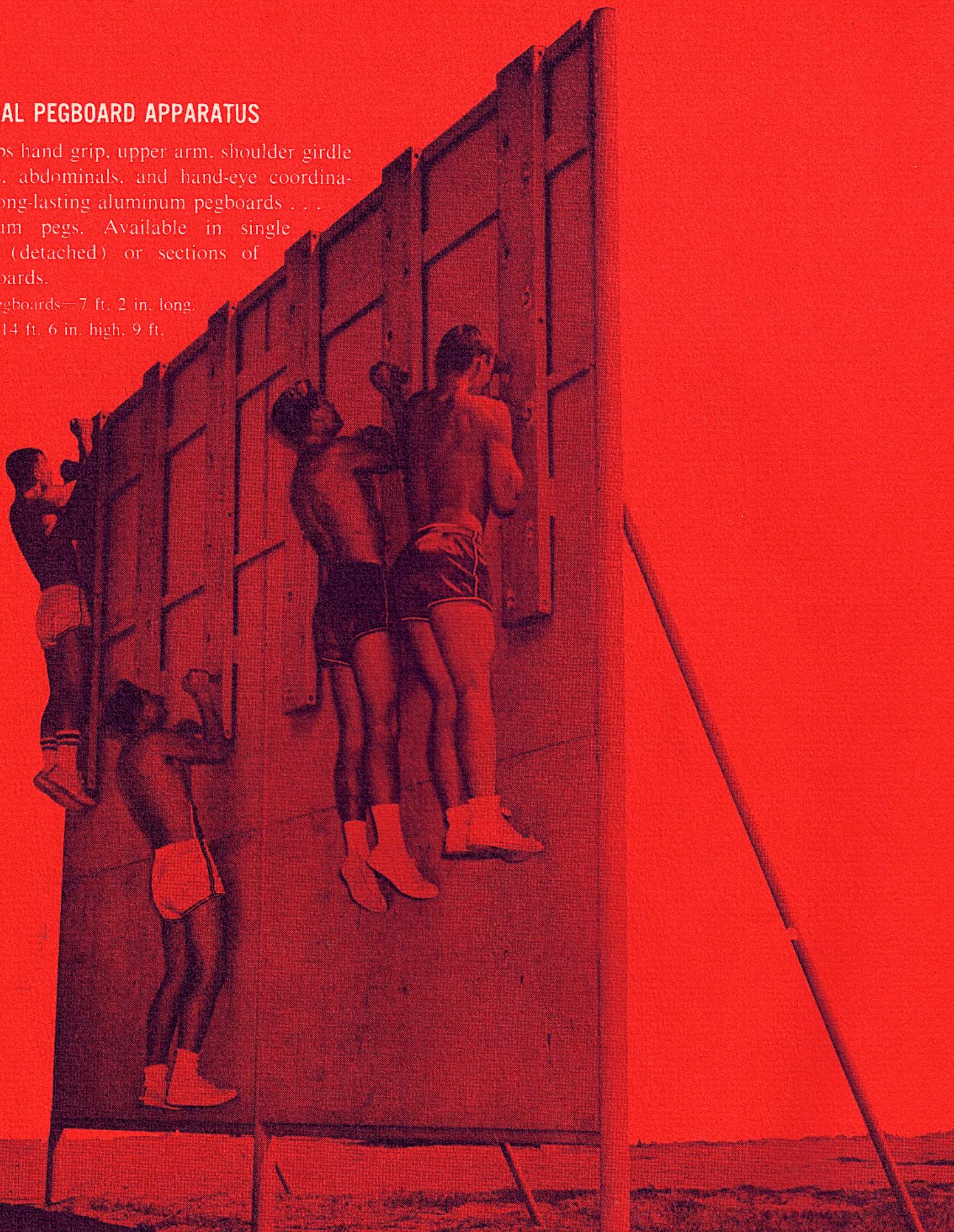
40 ft. long, 12 ft. from ground to bar, 11 ft. from ground to grip, stanchions 6 ft. wide.

VERTICAL PEGBOARD APPARATUS

Develops hand grip, upper arm, shoulder girdle muscles, abdominals, and hand-eye coordination. Long-lasting aluminum pegboards . . . aluminum pegs. Available in single boards (detached) or sections of three boards.

Single pegboards—7 ft. 2 in. long.

Panels—14 ft. 6 in. high, 9 ft. wide.



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